

Weekly Menu

Date:

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | * Waffle * Cut-up peach * Milk | * Sweet potato muffin * Strawberries * Milk | * Biscuit * Scrambled egg * Orange juice | * Toast * Sausage link * Hash browns * Milk | * Pancake * Turkey bacon * Juice |
| Morning Snack | * Fruit smoothie | * Greek Pineapple yogurt | * Fruit smoothie | * Greek Blueberry yogurt | * Fruit smoothie |
| Lunch | * Ground Turkey Taco w/ cheese, lettuce, and tomatoes * Cut-up apple * Milk | * Rotini with meat sauce * Green peas * Cut-up pear * Juice | * Chicken nuggets * Seasoned brown rice * Green beans * Cut-up apple * Milk | * Egg salad sandwich * Cucumbers * Cut-up nectarine * Milk | * Cheese pizza * Zucchini and carrot strips * Blueberries * Milk |
| Afternoon Snack | * Cheese and Crackers * Juice | * Graham crackers * Milk | * Cheeze-its * Cut-up peach * Milk | * Cheese quesadilla * Juice | * Cut-up apple * Cheese * Milk |